Personality Profiling

RESTUEFEKTIF SDN. BHD.

Course Overview

Personality profiling is the process of assessing and describing the psychological characteristics of individuals based on various types of data, such as self-reports, behavioral observations, or test results. Personality profiling can be used for various purposes, such as career guidance, personal development, team building, or forensic analysis. This course will introduce you to the main theories and methods of personality profiling, as well as the ethical and practical issues involved in applying them. You will learn how to administer and interpret different types of personality assessments, such as trait, type, or narrative approaches, and how to use them effectively in different contexts and settings. By the end of this course, you will have a solid understanding of the concepts and principles of personality profiling, and the skills to apply them in your personal and professional life.

Course Objectives

This 1-day course is aiming to:

- Understand what behaviour in general; behaviour of highly successful individuals and determine your Behaviour Profiles
- Understand the strengths and weaknesses of your team members and yourself. You will also learn how to leverage your strengths and overcome your weaknesses to become a more effective team player. Learn how to Increase your Effectiveness as an employee and also as a supervisor
- Understand the preferred environment for each personality

Course Outcome

After attending this course, then you will return to your job and be able to:

- Understand your self-personality and dynamics and difference in personalities of others and become an effective team player
- Understand the preferred environment for each personality
- Use the dynamic and differences of each personality to increase team's effectiveness
- Foster stronger bond and be able to work comfortably and effectively with each other

Course Modules

Module 1 — Understand Behaviour

- Profile your own personality
- Understand your personality and others' personality

Module 2 — Dynamic & Differences in Personality

- Preferred environment for each personality
- Increase team's effectiveness
- Foster stronger bond and work effectively

Module 3 — Class-room Activity

- Interactive activity
- Lesson learnt

Omar Hafiz Omar Farouk Ariff

30 YEARS EXPERIENCE

Experienced HR professional with BSc (Business Admin.) from University of Pacific, Stockton, California, USA and Master of HR. Expertise: Implementation of ESG initiatives, HR Senior Management (oil & gas),regional HR exposure. Worked with Petroliam National,Caltex, Halliburton, FPSO Ventures, Sapura Energy, F&NCoca-Cola, Mesiniaga, Applied Magnetics S/B, Burger King.Proficient in Harrison assessment, PAPI, DISC Profiling,PETRONAS Potential, SHL Test Admin. Also a Certified HRDF Trainer.

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